



Swansea Valley Sprint Open

17th January 2009



Congratulations to the following swimmers in making the Swansea Valley Sprint Open a medal success for us:

★ Rachel Hatcher	3 Silver
★ Oliver Jones	1 Bronze
★ Shannon Williams	2 Silver
★ Rhodri Johnson	1 Bronze
★ Billie Jo Barrow	1 Gold 1 Silver 1 Bronze
★ Iwan Mason	2 Silver 1 Bronze

Having achieved 13 medals, 7 IM finalists and 55 PB's this was again a very successful Meet and every swimmer was a credit to the club. Thank you

Paul Barrow

Also, congratulations to everyone who had PB times. They were:

	50 Bk	50 Br	50 Fly	50 Fr	200 IM
Iwan Mason	43.79			39.93	3.41.46
Oliver Jones	46.85	58.10	52.85	39.50	3.41.56
Daniel Evans	46.86	58.25		40.03	
Rhodri Johnson	45.05	49.70	47.75	38.43	3.39.15
David Carpanini		58.16		39.78	
Matthew Gillespie	59.99			54.49	
Sam Martin			55.15	43.49	
Daniel Foligno	53.38		1.06.83	45.79	
Charlotte Collins	55.46				
Billie Jo Barrow	39.99	47.79		34.60	3.07.65
Cori Connor	50.61			43.47	
Megan Tobin	46.16	58.51			
Shannon Williams	42.85	52.07	43.01	34.50	3.21.15
Camille James	50.49	53.78		37.91	
Alycia Carpanini		55.60		41.99	
Chloe Preece	40.38	52.32	41.70	35.28	
Paige Murphy		52.49		40.21	
Tanya Robinson		1.17.04	1.08.08	49.29	
Rachel Hatcher	37.45	40.48			